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SBS INTERNATIONAL TRAINING CAMP 2018

Intensiv Badminton camp with Coach Csaba Hamza and the Südtirol Badminton School's Coaching Staff from **1st to 5th August** in Jenesian. Take advantage of the various sparring to improve your game, with Danish Coach/player Camilla Martens (Top 100 WR) and the Bulgarian Couch/player Ivan Rusev Atanasov (Top 100 WR). Physical sessions will lead by Coach Stefano Camin.

Program:

7 badminton training sessions
3 physical preparation sessions
Start: 1st August 2018 at 09.00
End: 5th August 2018 at 13.00

Groups:

Youth (2008-2005)
Competition (2004-1999)
Master (Over 35-40-45-50-55-60)

Sporthall:

Middle School in Jenesian - n.6 Badminton courts
via Schranz n.4 – 39050 Jenesian (BZ)

Lodging & Food:

Gasthof zum Rössl (www.zumroessl.net)
Birnbamerhof (www.jenesien.net)
Gasthof Jenesian (www.gasthof-jenesien.com)
Hotel Tschöggglbergerhof (www.tschoeggglbergerhof.it)
Hotel „Zum Hirschen“ (€10 for full meal / lunch & dinner)

Outdoors:

Walk path „Legend Trail“ on Salto plateau
Swimming pool of Jenesian

Costs:

150 € for training fees, shuttlecocks and SBS marked Yonex shirt
advance of 50 euros to be paid no later than 1st June to c/c SBS - Südtirol Badminton School • The remainder to be paid before the start of camp by Bank • IBAN: IT 36 Z 08081 11601 000301055275 • Swift-BIC: RZSBIT21103

Info & Entry:

Erika Stich (+39 327 1722727) suedtirolbadschool@gmail.com
Time limit: 15th June 2018



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SBS INTERNATIONAL TRAINING CAMP 2018

Intensiv Badminton camp with Coach Csaba Hamza and the Südtirol Badminton School Coaching Staff from **27th to 31st August** in Bolzano. Take advantage of the various sparring to improve your game, with Bulgarian Couch/player Ivan Rusev Atanasov (Top 100 WR) and the National Couch of Israel Junior Team Aviv Sade. Physical sessions will lead by Coach Stefano Camin.

Program:

7 badminton training sessions
3 physical preparation sessions
Start: 27rd August 2018 at 11.00
End: 31th August 2018 at 12.00

Groups:

Youth (2008-2005)
Competition (2004-1999)
Master (Over 35-40-45-50-55-60)

Sporthall:

Institute „Max Valier“, via Sorrento, 20 – 39100 Bolzano
(n.10 Badminton courts)

Lodging & Food:

For accommodation in apartments or hotels please ask the organization. Restaurant „La Grolla“ (Lunch and Dinner menu starting from €11)

Outdoors:

Visit the „Terme di Merano“

Costs:

150 € for training fees, shuttlecocks and SBS marked Yonex shirt
advance of 50 euros to be paid no later than 1° July to c/c SBS - Südtirol Badminton School • The remainder to be paid before the start of camp by Bank • IBAN: IT 36 Z 08081 11601 000301055275 • Swift-BIC: RZSBIT21103

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